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A Look at Addictive Gambling

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Windsurfers Benefit from New Invention

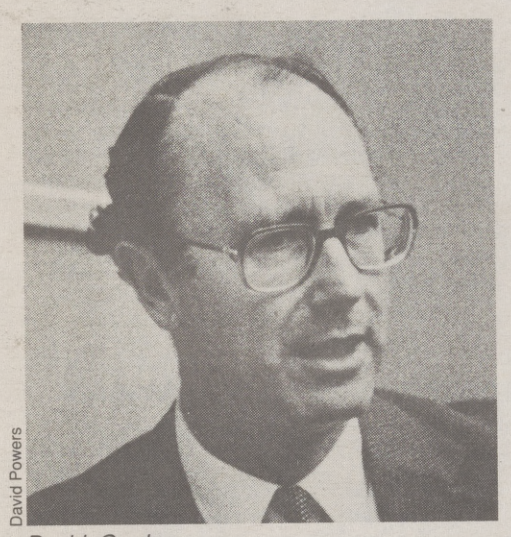
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Catalog Filled with "Thumbs Up" Items

Volume 6, Number 20 *November 16-Dec. 6, 1991*

UCSF Newsbreak

Gardner to Retire



David Powers

David Gardner

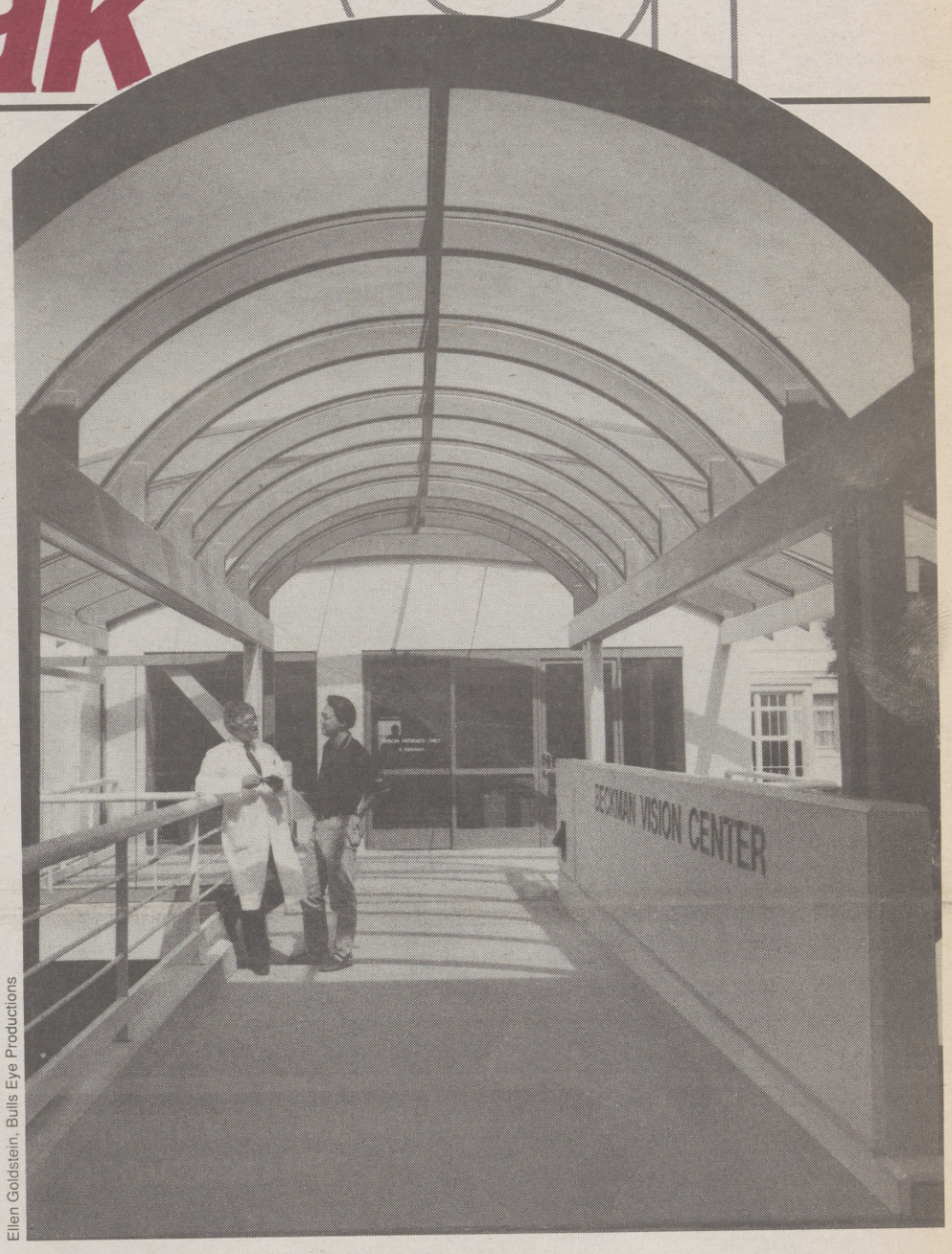
A message from Chancellor Krevans: "I received the letter below from University of California President David Gardner on November 14, and feel that the best way to share the news is in his own words. UC and all of its campuses will lose a great leader, but he will leave the University much stronger for his 10 years of peerless leadership." The letter reads:

"As you know, I have been struggling since Libby's death of last February to reconcile the reality of her passing with my ongoing life and work. Friends and colleagues, both within the University of California community and beyond, and of course members of my own family, have been constant in their support, encouragement, and love as I have tried to hold together what has been so central a fact in Libby's adult life and my own, that is, serving the University of California for over 20 years and the University of Utah for 10.

"We served together because we chose to do so. It was a partnership that brought both of us immense personal pleasure, challenge, accomplishment, and satisfaction, enriched by a unique regard and respect for what each contributed.

"Death has now dissolved our partnership, at least for this life, although according to our faith not forever; and it has become clearer with each passing month since Libby's death that without her I cannot remain as President of the University of California. I intend, therefore, to step down as President on October 1, 1992, a date that, among other things, will permit me to help with the 1992 legislative sessions and the forming and enactment of

(continued on page 2)



Ellen Goldstein, Bulls Eye Productions

New Vision Care and Research Unit

The Bridge That Links Eye Research to Patient Care

By the time Gazelle Burnell of Santa Rosa had reached the age of five, she was not able to recognize faces, just movement. Born with a variety of congenital eye problems, she now at the age of six has had a series of operations by UCSF ophthalmologists, the most recent being a corneal transplant in her left eye.

Gazelle now can see well enough to read large print books, something her parents never thought possible. "What was a very despondent little girl, now has blossomed into a sunny, outgoing child," says UCSF's David Hwang, the ophthalmologist who performed Gazelle's corneal transplant.

Success stories like the above are made possible by the combined efforts of researchers and clinicians at the UCSF Beckman Vision Center. Now, with the opening of the new Vision Care and Research Unit (VCRU), this synergy should be even easier and the potential benefits to patients even greater.

Located on the top floor of the UC Hospital building, and adjacent to the Koret Vision Research Laboratory dedicated three years ago, the new research unit completes the physical facilities of the Beckman Vision Center to make one complete eye center.

"The combined facilities will bring together the best and brightest minds from many disciplines across the campus to attack the most serious and blinding eye diseases, from macular degeneration to retinitis pigmentosa, from ocular cancers to AIDS-related blindness," says Steven Kramer, professor and chair, ophthalmology and director of the Beckman Vision Center.

The Department of Ophthalmology has some 30 full-time faculty members, and the majority of them see patients as well as conduct laboratory research. The new VCRU

(continued on page 2)

Kickoff to MLK Week

California's Changing Ethnic Population . . . A Panel Discussion

California's face is changing. In many areas of the state where there once was a majority of whites, there now resides a mix of Hispanics, Blacks, and Asians.

How will this change in the racial and ethnic composition of Californians affect the balance of power? How will policies be adjusted to reflect these culturally diverse changes?

Find out what six Bay Area noted figures say on this subject at a panel discussion entitled "Demographics, Politics & Power" on Monday, January 13, from noon to 1 p.m. in Cole Hall. The discussion will kick off a full week's worth of activities to commemorate Dr. Martin Luther King, Jr.

Panelists will include:

- Katie Quan of the International Ladies Garment Workers Union (ILGWU). She is chief administrator of the Pacific Northwest District Council of the ILGWU and was recently elected interim chair of the Asian Pacific American Labor Alliance, a nationwide group of Asian Pacific trade unions formed under the auspices of the AFL-CIO.
- Tony Serra of the law firm Serra Perelson Licheter Darr & Bustamante. He has been a practicing attorney for the past 25 years and has defended such well-known people as Huey Newton of the Black Panthers, Russell Little of the Symbionese Liberation Army; and members of the Hell's Angels.
- UC-Berkeley sociologist Troy Duster, who has conducted extensive research concern-

(continued on page 2)

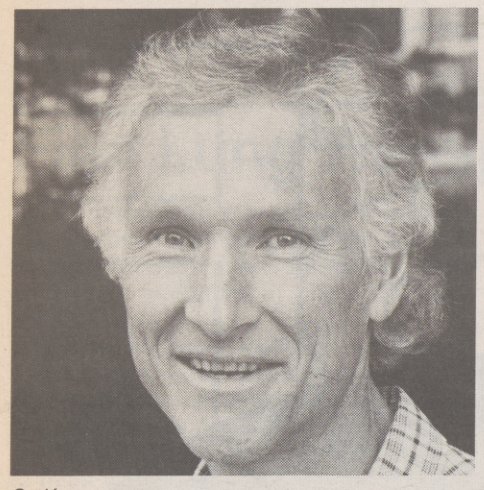


"Charlie Wilson . . . We Love You"

Entertainment Tonight's Mary Hart (center) and actress Lynda Carter honored UCSF brain surgeon Charles Wilson with a song during Monday night's benefit for the Brain Tumor Research Center (BTRC). Held at Davies Symphony Hall, the benefit was plugged as "11/11 — A Night of Entertainment." It included a cocktail reception, dinner and featured Burt Reynolds' new one-man show. Wilson, however, was the real star of the evening as he was recognized for performing hundreds of successful brain surgeries, including an operation on producer Burt Sugarman, Mary Hart's husband and a friend of Reynolds. It is estimated that the sold-out event raised some $350,000 for the BTRC. Honorary committee chair for the evening were Mr. & Mrs. Walter S. Newman.

Gazette

Honors & Awards



Sadée



Zeiger

Wolfgang Sadée: Winner of the first Research Achievement Award in Biotechnology from the American Association of Pharmaceutical Scientists. Sadée is professor, pharmacy & pharmaceutical chemistry.

Gordon Gamsu, Michael E. King and **Jon D. Shanser:** All three have been named fellows of the American College of Radiology. Fellowships in the College are awarded to members for significant scientific or clinical research in the field or significant contributions to its literature. Gamsu is professor, radiology, medicine & thoracic imaging. King and Shanser are assistant clinical professors, radiology.

Catherine Gillis: Appointed to the Board of Directors of the San Francisco-based Health Outreach Team, which provides primary care and referral services to high-risk, underserved individuals and their families. Gillis is associate professor & director, Family Nurse Practitioner Program.

Mimi Zeiger: Winner of an American Medical Writers Association 1991 Medical Book Award in the Allied Health category for her book, *Essentials of Writing Biomedical Research Papers.* Zeiger's book was chosen out of a field of 85 entrants. Zeiger is lecturer in scientific writing, CVRI.

E. Martin Spencer: Appointed to the National Institute of Child Health & Human Development Research Committee for a four-year term. The Committee advises the director of NIH and NICHD concerning research in pregnancy, infancy, developmental biology and other issues. Spencer is associate clinical professor, medicine.

Bill Holzemer: Appointed a member of the Agency for Health Care Policy Research, Clinical Guidelines Panel, HIV/AIDS. Holzemer is professor & associate dean, mental health, community & administrative nursing.

In Memoriam

Milton J. Pearl. A prominent San Francisco surgeon and former Mount Zion chief of the medical staff, he joined Mount Zion as an intern in 1941 and received the Rosenstirn Award that year for his ability, devotion to duty and concern for the welfare of his patients. After three years of service as a military surgeon, Pearl returned to Mount Zion to continue his surgical training, which he completed at Mount Sinai Hospital in New York. During his residency, he received all the awards given for superior service. After completing his residency, he continued to play a major leadership role at Mount Zion, not only as a surgeon, but as a teacher during his 40-plus years of service. He was chief of surgery from 1973-78, served as chief of the medical staff from 1977-79, and was on the hospital's board of directors from 1977-79. The family requests donations to the Milton J. Pearl Surgical Fund at Mount Zion Health Systems, PO Box 7921, San Francisco 94120. He was 74.

Margaret M. Ems Eissler: A clinical instructor from 1961-65, and an assistant clinical professor from 1965-91, both in the department of ob/gyn. In addition to maintaining a private practice near Mount Zion until 1985, Eissler was a consultant gynecologist for the UCSF Student Health Service from 1961-91 and a life member of the board of the Volunteers to SFGH. Her husband is Rolf Eissler, clinical professor, ophthalmology. She was 70. At her request, no services are being held, but memorial donations in her name may be made to the Volunteers at SFGH, 1001 Potrero, 7F8, SF 94110, or Planned Parenthood, 815 Eddy St., Suite 300, SF 94109.

Lloyd P. Sverdersky: Assistant research microbiologist in laboratory medicine. He came to campus in 1989 as a postdoctoral fellow after serving as one of the first group of scientists hired during the 1970s to work on various immunology projects at Genentech. His UCSF research primarily dealt with HIV immuno-pathogenesis, but he also studied lymphocyte and macrophage function in HIV-infected individuals. Sverdersky gave much of his free time to organizations such as Project Open Hand and the SF AIDS Society. He was 37.

Miriam E. Simpson: Professor emeritus, anatomy. She came to campus in 1958 when the lab where she and renowned biochemist Herbert M. Evans had conducted research moved from UC Berkeley to become part of the UCSF medical school. Simpson, who returned in 1961, was known as an excellent teacher and an expert in the microscopic examination of tissues. Her research helped define the function of the pituitary gland, specifically the role pituitary hormones play in reproduction, metabolism, growth and the development of cancer. She was 97.

Publications

Douglas K. Ousterhout: Editor, *Aesthetic Contouring of the Craniofacial Skeleton* (Little, Brown & Co., Boston, 1991). Ousterhout is clinical professor, plastic surgery.

Marylin J. Dodd: Author, *Managing the Side Effects of Chemotherapy & Radiation* (Prentice Hall Press, New York, 1991). Dodd is professor, physiological nursing.

MLK Week *(from page 1)*

ing multiculturalism on college campuses.
- Alex Esclamado, editor of *Philippine News.*
- Human rights advocate Richard Trudell of the American Indian Resource Institute.

From a midweek cultural festival to a talk by Reverend Cecil Williams, from the MLK Awards Ceremony to a discussion by Black Panther member Erika Huggins, the panel discussion is just one of several events occurring throughout the week to celebrate UCSF's Martin Luther King, Jr. Week. Be sure to read future issues of *Newsbreak* for all the details.

Eye Center *(from page 1)*

puts these research physicians within arm's reach of their patients and brings other ophthalmologists into close contact with vision scientists by literally just crossing the bridge from the Koret Lab into the new vision unit.

"The completion of the unit fits in perfectly with the goals of UCSF: It brings together quality patient care, excellent research, and innovative teaching," says ophthalmologist Michael Drake. The design of the unit demonstrates its varied character as well. The three separate wings include areas for treatment of cataract, corneal diseases, eye tumors, and retinal and macular diseases, as well as exam rooms immediately adjacent to the main patient lounge, a laser/surgery suite, and a separate area for ultrasound and eye photography. Right around the corner from the major faculty practices are rooms set aside for clinical research studies.

"The new facility has a large classroom so that we can easily integrate medical student and resident teaching," says Drake, who also is assistant dean of student affairs in the School of Medicine.

A facility of this nature doesn't come about just because people wish it so. It takes money. All of the money for the vision complex came from private donations. "In fact, $17.5 million came in under Dr. Kramer's leadership from less than 200 people," says Fred Peck of That Man May See, a private fundraising foundation historically dedicated to UCSF's ophthalmology department. The VCRU itself was made possible by $5 million contributed by 30 donors. "And that includes $10 checks," says Peck. Major donors for the research unit include: Mr. & Mrs. James Livingston, Mr. & Mrs. Clarence K. Jones, Stearns Blodgett Trust, Mr. & Mrs. Brook H. Byers, Dr. & Mrs. Thomas Mazzocco, Mrs. Walter Rosenberg, the Retinitis Pigmentosa Foundation of Baltimore, Mrs. Samuel J. Kimura, Miss Helen Pritchard, and Sony of North America.

Dedication and Symposium

The new VCRU will be officially dedicated on Wednesday, December 11, at a ceremony for donors and campus dignitaries beginning at 3:30 p.m. That afternoon and early evening there will be tours of the new facility and demonstrations.

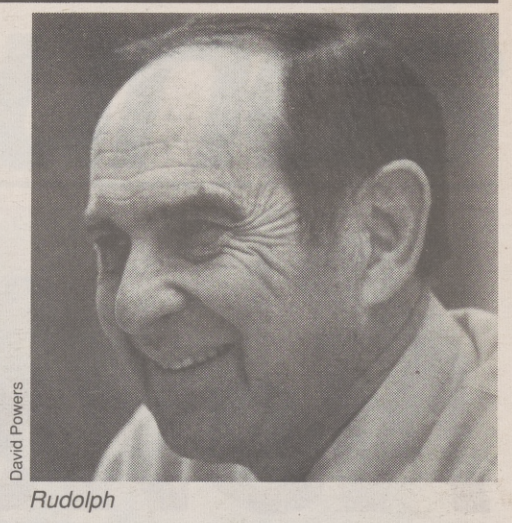
Ophthalmologists from around the world will be attending a two-day conference beginning on December 12 to celebrate the opening. Held at the Ritz Carlton, the course is entitled "New Ideas & Controversies in Ophthalmology," and will feature the first US showing of Sony's HDTV for surgical education. HDTV stands for high density TV — the most sophisticated, up-to-date video technology now available.

For further information on the symposium call 476-5808.



David Powers

Clements



David Powers

Rudolph

AHA's Highest Research Award to Rudolph, Clements

Abraham M. Rudolph and John A. Clements received The American Heart Association's Research Achievement Award during ceremonies in Anaheim on November 11. The two were cited for their landmark discoveries and contributions that have helped save the lives of thousands of infants born with life-threatening cardiovascular and pulmonary ailments.

Rudolph is the Neider Professor of Pediatric Cardiology, professor, pediatrics, ob/gyn & reproductive sciences, and a senior staff member of the CVRI. He was recognized for his research activities in understanding how the fetal cardiovascular system develops. Clements, the Julius H. Comroe, Jr. Professor of Pulmonary Biology, and professor, pediatrics and CVRI, was honored for saving the lives of premature infants, primarily due to his discovery of natural surfactant — a substance that stabilizes the lungs and keeps them from collapsing — and his subsequent development of an artificial surfactant that mimics the natural one.

Gardner *(from page 1)*

the University's 1992-93 operating and capital budgets. It also will afford the Regents ample time to seek for and find my successor and will allow that person to commence his or her duties during the University's 125th anniversary year. It should also be noted that by next October, I will be in my 10th year as President of the University of California; only Presidents Benjamin Ide Wheeler (1899-1919) and Robert Gordon Sproul (1930-58) served longer.

"I have respected this institution from my earliest memories as a boy growing up in Berkeley and am proud to have earned two graduate degrees from the Berkeley campus. Libby graduated from UC San Francisco, and one of our daughters from UC Davis; another earned her master's degree at UCLA; another studied at UCLA and UC San Diego; our youngest will complete her undergraduate studies at UC Berkeley this fall term; and a son-in-law is in graduate school at UC San Diego.

"But in this respect our family is not unique. Indeed, I know of no public university in the world that has afforded its students, regardless of their race, gender, religion, or socioeconomic circumstances, as excellent an education for so modest a cost while simultaneously attaining to levels of intellectual accomplishment that are world-renowned and internationally respected.

"The University of California is our state's crowning jewel, the principal point of access for people of talent and ambition, the quiet force from which much of California's economic power and strength derives, one of the world's great intellectual treasure houses, the repository of much of our cultural heritage, a cauldron of discovery, a marketplace of ideas — in short, one of the greatest centers of learning the world has ever known.

"I remain profoundly appreciative of the honor I have had to serve this University as its President, of the understanding support that the Board of Regents has accorded me these many years, the help and encouragement that I have consistently received from the University's Chancellors, Vice Presidents, its other dedicated officers and also from the gifted and committed members of the University's faculty and staff. Coming to know and work with members of the University's talented student body over the years also has been a source of great pleasure, as has been the privilege of knowing and working with the University's extended family, alumni and friends throughout the world.

"It will require from all of us continued and vigorous effort to sustain this institution and to preserve it for succeeding generations. You may count on my devoted and unqualified effort during my final year as President and beyond, regardless of where I may be or what I may be doing."

Respectfully yours,
David Pierpont Gardner

UCSF *Newsbreak*

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Deadline for the next issue, which will cover December 7, 1991 to January 3, 1992 (four weeks) will be on **Thursday, November 21, at 11 a.m.** Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling 476-1541.

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Good Has Rx for Gambling Fever

Gambling. Most of us view it as basically harmless, in fact a healthy distraction from life's everyday frustrations and woes. A strong majority of those that gamble enjoy it and suffer no social or economic difficulties.

But, if you gamble and it produces intense pleasure, relief from painful emotional states and improved self-esteem, something may be wrong . . . you could be addicted.

"Recent research has shown that 4.5 percent of the adult population in California has a gambling problem," says UCSF psychologist Paul Good. "That's about 1 million people in this state alone."

Good is the executive director of the Gamblers Recovery Program, the first gambling treatment program in Northern California, which recently opened on Union Street.

Coming to UCSF as a clinical psychology fellow in 1979, Good has specialized in addiction for over a decade since his first job at Kaiser in South San Francisco where he dealt primarily with alcohol and drug abuse. "At that time I saw a number of cross-addicted people," he says. "People who not only had a drug or alcohol problem, but also a gambling problem." He has since taken a position in our Department of Psychiatry and has been working with Jim Sorenson in the Substance Abuse Service at SFGH.

Good says that research now shows that up to 30 percent of alcohol and drug patients also are addicted to gambling. "It's important to identify the gambling because a gambling spree may trigger a relapse in alcohol and drug abuse," Good says.

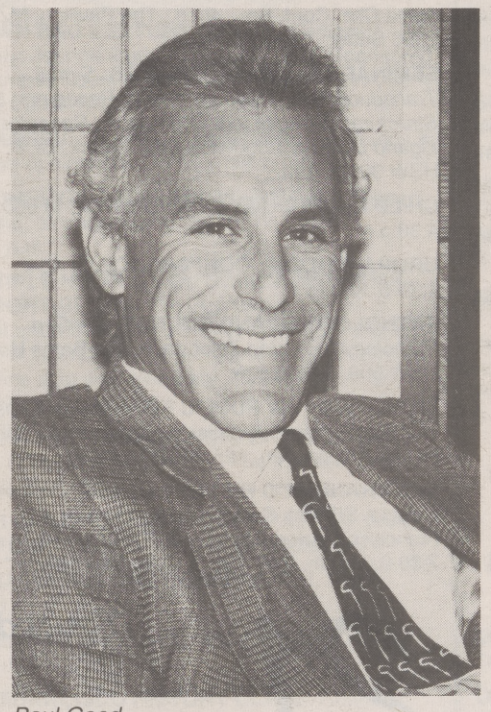
Gambling runs the gamut . . . from craps to poker, horse racing to roulette, sports playing to the stock market. "Our culture's fascination with gambling is a symptom of a tremendous emptiness and despair about the future," says Good. "The American dream now is a lottery ticket payoff and not a life of value and substance. Gambling is trying to address the issue, but it is a pseudo solution."

About $75 million has been spent this year alone to advertise the lottery in California. As a member of the board of the California Council on Compulsive Gambling, Good was part of an effort to have the lottery contribute one-eighth of one percent of their operating expenses towards creating an educational, counseling and research effort to help problem gamblers. "It passed all the committees, but it was defeated on the floor of the Senate on the last vote," says Good.

According to Good, mental health professionals agree that an addicted gambler's behavior typically shows in three stages — winning, losing and depression. The first stage is when the gambler gets hooked by the action and euphoria of winning. This win is likely to stimulate increased gambling. This leads to the second stage of losing. The gambler "chases" his losses to get his or her money back. The gambler's ego is on the line. The amount and frequency of bets increase. Money needs to be borrowed — from paychecks, spouses' earnings, loans, insurance policies. Many eventually borrow from loan sharks and embezzle funds. The last stage, depression, is when the reality of the situation hits the gambler. A career and/or relationship is in jeopardy, and financial losses hit hard. He seeks those closest to him for a "bailout."

Good explains that most addicted gamblers can benefit from some outpatient treatment. Typically an initial evaluation is scheduled immediately and that helps the gambler break through denial and define his problem. Psychological, medical and financial concerns are assessed and a solid treatment plan is developed. "Part of the treatment can include Gamblers Anonymous, which is the second oldest of the 12-step programs. It had 16 chapters in 1960 and has since expanded to over 600 chapters nationwide," he says.

Good is beginning a support group for addicted gamblers, plus another for their spouses and mates. Because of the high incidence of addictive gambling in the Asian community, he also plans to hire an Asian mental health professional to help him bridge that cultural gap. Good also is adding a financial counselor to help those who have taken on serious financial debt.



Paul Good

"Like any other addiction treatment, there needs to be a stable structure which allows for an intense psychotherapeutic process, a process that could take months, sometimes years," says Good.

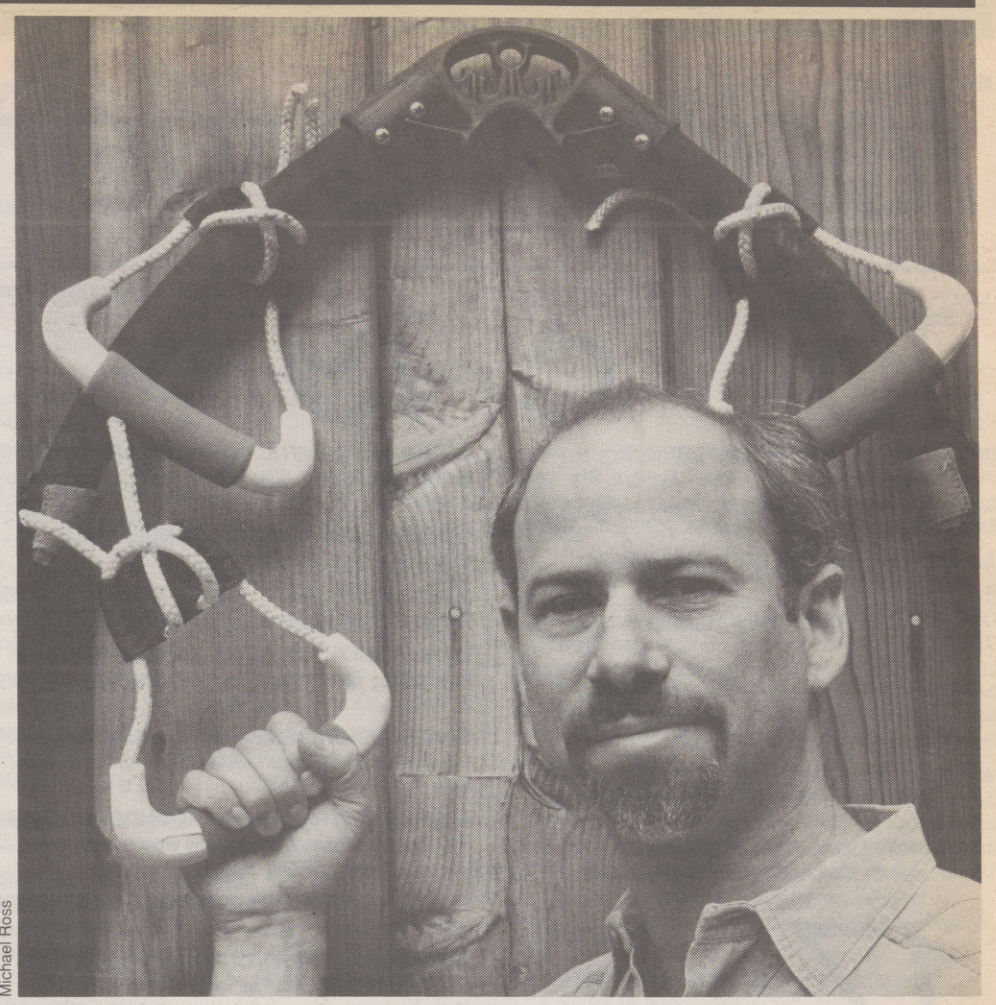
For further information on addictive gambling, call Good at 346-0607.

New Reasons for Obese Teens

Family communication and closeness — not diet and exercise — are the key environmental factors that influence teenage obesity, according to a new study by Laurel Mellin, director, UCSF Center for Child & Adolescent Obesity.

Reporting last week at the American Dietetic Association annual meeting in Dallas, Mellin said that diet and exercise do play a role in teenage obesity, but emphasizes that study findings show overwhelmingly that they do not have as great an effect as a teenager's feelings of isolation from family members.

"When the emotional connection between parent and child is less than the child needs, it appears that a young person often develops an excessive appetite which, in those genetically predisposed to obesity, can trigger the onset or exacerbation of a weight problem," says Mellin.



Michael Ross

Bob Markison

Surgeon Invents Hand Grips for Windsurfers

What began as a burning need for a better way to sail has led to a new invention by UCSF hand surgeon Bob Markison.

Three years ago Markison, an associate clinical professor of surgery, developed severe (tennis) elbow pain from windsurfing. "It was difficult for me to face the possibility of life without planing along San Francisco Bay. I knew that there had to be a better way to sail."

To put an end to his pain, and to help prevent the same pain from occurring in what he estimates to be some seven million other windsurfers around the world, Markison invented Gripeez™ — windsurfing hand grips that mount on either side of the front end of any windsurfing boom.

Markison explains that each muscle in the body has an ideal range of fiber lengths at which it works most efficiently. If you stretch, shorten or twist the muscles, they will work poorly and get overuse injuries, such as the common carpal tunnel syndrome. He says that certain wrist and elbow positions are ergonomically vital to maintaining the best possible use of the upper extremities. "Conventional boom gripping techniques endanger the upper limb muscles," he says.

However, Gripeez, which is made with 100% recyclable materials and is internationally patented, reduces upper extremity wear and tear by putting the hands in the "thumbs-up" or neutral position. "This is the best balance of the forearm flexor and extensor muscles," Markison says. "If you twist the forearm into palm-up or palm-down boom grip it can lead to inefficiency, muscular fatigue and overuse injuries."

"It's interesting, the older I get, the more I like to cruise at top speed for miles and miles. It's effortless with the grips — one on each side of the end of the boom. I tried using a single grip only on one side of the boom when I was testing prototypes. I compared my elbows at the end of the day. Ouch! The burning returned to the elbow on the side without the grip."

Besides the benefit of preventing windsurfer's "tennis elbow," Gripeez is touted as making waterstarts as simple as 1, 2, 3. "This is because the front arm reach is prolonged anywhere from 6 to 10 inches. This presents a broader sail face to the wind, which results in a more vertical rig position for speedsailing and open water cruising." (If you understand sailing, you will know what that means.)

Does Bob Markison look familiar? He was pictured in the August 17 issue of Newsbreak, *while performing at a campus Fun Fog Concert. He plays a variety of "wind" instruments in his own jazz quartet.*

Bathroom Plunger Could Change CPR

A family's desperate — and successful — efforts to revive a heart attack patient by pumping on his chest with a bathroom plunger prompted UCSF researchers to develop a technique that holds promise as the first practical improvement in cardiopulmonary resuscitation (CPR) since the technique was developed three decades ago.

The new method of CPR uses a simple, hand-held suction device to pump on the chest, drawing additional blood to the heart and air to the lungs. A study found the method resulted in more blood being pumped from the heart and more air entering the lungs than by standard CPR.

"The method is similar to standard CPR when pressing on the chest, but we also expand the chest with the suction device. The same action also causes air to flow into and out of the lungs," says Todd J. Cohen, cardiology research fellow who heads the CPR study team.

Known as "active compression-decompression resuscitation," or "ACD resuscitation," the new method was described on November 11 in a presentation at the annual meeting of the American Heart Association in Anaheim.

Researchers began investigating the technique after a heart attack patient, who had been revived through CPR performed with a plunger, arrived at SFGH. Although many viewed the incident as a curiosity, Cohen wanted to determine whether the anecdotal case held scientific merit.

His study involved performing standard CPR and ACD resuscitation in random order on eight dogs. Overall, the ACD method resulted in better blood flow through the heart and body, better ventilation, and better blood pressure, Cohen says.

A CPR working group has been formed by Cohen to examine the mechanisms of ACD resuscitation in humans. Results will be presented in March at the annual meeting of the American College of Cardiology in Dallas.



Betsy Getaz, second-year family nurse practitioner (FPN) student (center) goes over health screening details with Newcomer students as Catherine Gilliss (third from left) and FPN first-year student Julie Gabbard (standing) look on.

Appearing Fridays at the Newcomer High School

On any given Friday afternoon, faculty and students from our School of Nursing's nurse practitioner programs can be found at the Newcomer High School in Pacific Heights. They are there conducting health screenings and physical exams for non-English speaking students, primarily from Central America. The students spend one semester at Newcomer before transfering to other SF high schools.

"We are usually their first contact with US health care professionals," says Catherine Gilliss, associate professor, family health care nursing, who coordinates the UCSF component of the program. "Our screenings consistently show a variety of health problems. Fifty percent of the students test positive for TB and some 80% have serious dental caries," says Gilliss.

The program identifies the problems and refers the students to existing city services. It is part of a comprehensive health promotion approach taken by Newcomer principal Joe Buenavista, and is in conjunction with the Health Programs Office of the SF Unified School District (directed by Beverly Bradley, also a School of Nursing faculty member) and California Pacific. The SF Junior League supplied the startup funds and provides volunteers for the program.

Today/Tomorrow

16 Saturday

INSTITUTE ON AGING CONFERENCE: *Psychotropic Drugs & the Elderly Patient.* Six speakers and keynote speech by Jay Luxenberg, Med. Miyako Hotel, 1625 Post St. 7:30 a.m.-5 p.m.

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

UROLOGY GRAND ROUNDS: *Diagnosis & Treatment of Adrenocortical Tumors.* Jan Breza, Uro. *Regulation of Differentiation & Growth of Adult Normal & Neoplastic Epithelium by Inductive Mesenchyme.* Gerald R. Cunha, Anat. & Ob/Gyn & Repro. Sci. HSW 302. 8:30-11 a.m.

WOMEN'S RESOURCE CENTER WORKSHOP: *Toy Making.* Learn how to use hand & power tools to build toys & gifts for the holidays. Sponsored by the Women's Resource Cntr. $35-$55. N 517. 10 a.m.-4 p.m. Call 476-5836 to pre-register.*

17 Sunday

UCSF CHORUS PERFORMS

The UCSF Chorus performs Beethoven's Ninth Symphony with the SF Choral Society. Tickets: $10-$26. Davies Symphony Hall. 3 p.m. Call 431-5400 for tickets.*

18 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their physician's full name, address (including room number & zip) & phone number to assure results are mailed promptly. The procedure takes approximately 20 minutes & costs $50. (The fee will be $60 starting in January.) To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

Because the service has become so popular and appointments fill up by the time this calendar is published, only dates when the van will be at UCSF locations are listed below:

- Dec. 6: UCSF. On Parnassus in front of the Library.
- Jan. 6-9: UCSF/Laurel Heights. 3333 California St. in parking lot on left.
- Jan. 10: UCSF. On Parnassus in front of the Library.

A $50 mammogram also is available at the Mount Zion radiology department. Call 885-7710.

OTOLARYNGOLOGY GRAND ROUNDS: *Contemporary Developments in Microvascular Surgery.* Lisa Orloff, Oto., U Wash. *Update in Antibiotic Therapy in Otolaryngology.* Vincent Pons, Med. & Inf. Dis. S 214. 8-10 a.m.

FRIENDS OF LOIS AL-ANON MEETING. Closed meeting: for friends & families of alcoholics only. Rm. 300C, MCB. Noon.

OPEN ENROLLMENT MEETING: Benefits staff present information and answer questions. Rm. 125, MCB. Noon-1:30 p.m.

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *Increasing Hydrocortisone Delivery through Multiple Doses to Human Skin: Mechanisms of Action & New Observations* in vivo. Joseph Melendres, Derm. N 721. 12:10 p.m.-1 p.m.

ORAL BIOLOGY SEMINAR: *αV Integrins & the Malignant Phenotype of Melanomas.* David Cheresh, Imm., Scripps Clin. & Res. Fndt., San Diego. S 664. 2 p.m.

LABORATORY MEDICINE SYMPOSIUM

New Approaches to the Biology & Prevention of Sexually Transmitted Diseases. Five speakers & introductory remarks by Julius Schachter, Lab. Med. Symposium introduces UCSF Sexually Transmitted Diseases Cooperative Res. Cntr. Co-sponsored by Epid. & Biostat. L 535. 3-5 p.m.

CVRI/PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY SEMINAR: *Dynamic Regulation of Integrins.* Mark Ginsberg, Scripps Res. Inst., San Diego. S 1364. 4-5 p.m.

URORADIOLOGY CONFERENCE. M 464. 4:30-6 p.m.

IMMUNOLOGY SEMINAR SERIES. HSW 302. 5 p.m.

19 Tuesday

COMBINED PLASTIC SURGERY/ORTHOPEDIC HAND SURGERY GRAND ROUNDS. Toland Hall. 7 a.m.

CLINICAL HEMATOLOGY CONFERENCE. M 1296. 7:30-8:30 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: *Tumors of the Jaw in Children.* Leonard B. Kaban, Oral & Max. Surg. C 701. 8 a.m.

TRANSFUSION RESEARCH FORUM: *Review of the Annual Meeting on Molecular Biology of HBV.* Ben Yen, Path., VAMC. L 535. 8:30 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Perinatal HIV Transmission & Physician Ethics.* Colin Partidge, Ped., SFGH. 8:30-9:30 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

FLEX YOUR SCHEDULE

Towards a Better Balance: Exploring Alternative Work Schedules. Linda Marks, work options consultant, explores flexible work schedule options. Co-sponsored by ABOG & UCSF Child & Elder Care Referral Serv. S 1364. Noon-2 p.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

MEDICINE IN THE MOVIES: Films from the 1920s -1950s touching on issues of medicine, nursing & public health are shown every Tues. Students may receive elective credits. Sponsored by Hist. Hlth. Sci. HSW 302. Noon-1 p.m. Call 476-2767.*

NEUROBIOLOGY INFORMAL SEMINAR: *Molecular Analysis of Neurite Growth on Axonin-1 (TAG-1).* P. Sonderegger, Biochemisches Inst. der Univ. Zurich. S 758. Noon-1 p.m.

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

SCIENCE & INFORMATICS SERIES BEGINS

Informatics & the Human Genome Program. Peter L. Pearson, Med. Gen., Johns Hopkins. Sponsored by the Library & Center for Knowledge Management. Lange Rm., 5th fl., Library. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *The Adult Chiari Malformation.* Robert Layzer, Neuro.; Jonathan Horton, Oph.; A. James Barkovich, Rad.; Michael Edwards, Neurosurg. & Ped. S 664. 5-6 p.m.

VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. LPPI Aud. 5:30-7:30 p.m. Call 476-1196 for information.*

20 Wednesday

SURGERY GRAND ROUNDS: *Head & Neck Cancer: A Perspective.* Maurice J. Jurkiewicz, Surg., Emory U., Atlanta. Toland Hall. 7-8 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Occupational Cancer in Firefighters.* Janet Weiss, Med. A 455. 8-9 a.m.

DERMATOLOGY GRAND ROUNDS: *Surgical Treatment of Non-Melanoma Skin Cancer: Maximizing Margin Control.* John Geisse, Derm. Surg. HSW 301. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Gonadal Peptides in Reproduction.* Robert Jaffe, Ob/Gyn & Repro. Sci. M 1486. 8:30 a.m.

OPEN ENROLLMENT MEETING: Benefits staff answer questions. Toland Hall. Noon-1:30 p.m.

BROWN BAG LECTURE SERIES: *How to Work with Difficult People.* Susan Christy, The Quality Team. Sponsored by Campus Tours & Speakers Bureau. HSW 300. Noon. Call 476-4394.*

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Delayed Recovery: Getting the Patient Back to Work.* Barbara Burgel, Mental Hlth., Comm. & Admin. Nurs. Cafeteria Conf. Rm., 2nd. fl., Main Hosp., Santa Clara Valley Med. Cntr. Noon-1 p.m.

NEUROBIOLOGY INFORMAL SEMINAR: *Molecular Cloning of Neuronal & Muscle Specific Glutamate Receptor Subunits of* Drosophila. Christoph Schuster, Neurochem., Max Plank Inst. für Hirnforschung. S 758. Noon-1 p.m.

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Rm. 300C, MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

PSYCHIATRY GRAND ROUNDS: *The Psychopath & Antisocial Personality Disorder: Looking Forward to DSM-IV.* J. Reid Meloy, Psychr., UCSD. HSW 301. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., The Pavilion, MZ, 2356 Sutter. 1 p.m.

SEMINARS IN BIOLOGY SERIES: *Signal Transduction by Transmembrane Receptors: 3-D Structural Changes in a Chemotaxis Receptor Ligand Domain.* Sugn-Hou Kim, Chem., UCB. HSW 300. 4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

UROPATHOLOGY CONFERENCE. M 464. 4:30-5:30 p.m.

PATHOLOGY GRAND ROUNDS: *Ob/Gyn Pathology I.* Charles Zaloudeck, Alta Bates Hosp. HSW 508. 5-6:30 p.m.

LIVING WITH HIV PUBLIC FORUM: *Lesbians & HIV Part II.* Panel discussion sponsored by AIDS Health Project. Rm. 125, MCB. 7-9 p.m.

SAN FRANCISCO HISTORY CLASS: Charles Fraccia, SF Hist. Society, lectures on San Francisco's colorful history. HSW 301. 7:30-9:30 p.m. Call 775-1111 for information.*

21 Thursday

ORTHOPEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Dateline Santa Cruz: Teen Sex & STDs.* Ruth M. Greenblatt, Med. & Infec. Dis. Toland Hall. 8-9 p.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Muscle & Matrix in Acquired & Congenital Defects of the Gut Wall.* Hilary Perr, Ped. Gastroent. & Nutr., Med. Coll. of Virginia, Richmond. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Sjorgren's Syndrome: Pathophysiology & Management.* Jack Whitcher & Troy Daniels, Sjorgren's Unit. Case presentation: *Pediatrics/Strabismus.* S 214. 8:30-10 p.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Low Back Pain & Joint Exam.* Nancy Byl, Phys. Ther. & FCM. A 455. 10 a.m.-noon.

CLINICAL PATHOLOGY CONFERENCE. S 664. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

GERIATRIC GRAND ROUNDS: *The Cellular Basis of Aging & Longevity.* Leonard Hayflick, Anat., Cell Bio. & Aging Sect., VAMC. Herbst Hall, MZ. Noon-1 p.m.

ORAL BIOLOGY 220 SEMINAR: *Salivary Glycoproteins as Bacterial Receptors.* Susan J. Fisher, Stom., Anat., Pharm. Chem. & Ob/Gyn & Repro. Sci. S 664. Noon.

EMPACT! HOLIDAY CANDY & JEWELRY SALE

See's Candy will be sold at $7.25 per pound (reg. $8.40) at the following dates & locations from 11 a.m.-2 p.m. Two Bag Ladies Jewelry will be sold from 10 a.m.-3 p.m. on Dec. 3 & 6.

- Nov. 20: MCB Lobby.
- Nov. 21: MZ Nosherie.
- Nov. 22: SFGH 2nd fl. Cafeteria.
- Nov. 25-27: Med. Sci. Lobby.
- Dec. 3: MZ Nosherie.
- Dec. 6: SFGH 2nd fl. Cafeteria.

(More EMPACT! holiday events on page 6.)

OVEREATERS ANONYMOUS MEETING: Step meeting. N 527. Noon.*

WOMEN'S RESOURCE CENTER PRESENTATION: *Knowing Herself: Women in Psychotherapy.* Joan Hamerman Robbins, psychotherapist & author. Followed by booksigning. Toland Hall. Noon-1 p.m. Call 476-0400.*

MISSION CENTER BROWN BAG SERIES: *Do We Still Need to Worry about Tooth Decay?* Ernest Newbrun, Oral Bio., Periodont. & Stom. Sponsored by Campus Tours & Speakers Bureau. Rm. 125, MCB. Noon-1 p.m. Call 476-4394.*

HAMILTON LECTURE

Surgery of the Coronary Circulation: 1991. David Sabiston, Jr., Surg., Duke. The 4th Annual William K. Hamilton Distinguished Lecture sponsored by Dept. Anes. Toland Hall. 3 p.m.

NEUROBIOLOGY SEMINAR: *Trk Family Genes: Tyrosine Kinase Receptors for NGF-Related Neurotrophins.* Luis Parada, NCI Cancer Res. & Dev. Cntr., Frederick, Maryland. HSW 300. 4 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY CONFERENCE. HSW 303. 4 p.m.

CLINICAL ONCOLOGY CONFERENCE. M 1296. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Does AIDS Prevention Work?* Thomas Coates, Med., Behav. Med. & AIDS Prev. Studies. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIOLOGY GRAND ROUNDS: *Radiologic-Pathologic Correlation from the VAMC.* Gretchen A. W. Gooding, Rad. HSW 301. 5:15-6:15 p.m.

UROLOGY DEPARTMENT COMPUTER SEMINAR. M 464. 5:30-6:30 p.m.

COLE HALL CINEMA: *Terminator II.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8:45 p.m. (Movies subject to change.) Call 476-2542.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

PLASTIC SURGERY LECTURE/DINNER MEETING: *Hemifacial Atrophy.* Maurice Jurkiewicz, Surg., Emory U, Atlanta. MU Conf. Cntr. Dinner 6 p.m. Lecture 7 p.m. For reservations call 476-3601.*

COMMUNITY HEALTH TALK: *Moles, Melanoma & Sunlight.* Richard W. Sagebiel, Path., Derm. & UCSF/MZ Melanoma Clin. Sponsored by Public Serv. Outreach Prog. Free parking available. Chancellor's Rm., Laurel Heights, 3333 California St. 7-8:30 p.m. Call 476-8429.*

22 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

LUNG SYMPOSIUM

Growth Factors, Development & the Lung. Six speakers. Sponsored by CVRI, Neonat., Ped. & Natl. Heart, Lung & Blood Inst. C 701. 8:30 a.m.-5 p.m.

CONSULTATIVE CRANIOFACIAL PANEL. N 729. 9 a.m.-noon.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *Child Crisis Service: An Orientation.* Debberra Burrell & Katherine Leavitt, Comprehensive Child Crisis Serv., CA Pacific Med. Cntr. Toland Hall. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINAR: In Vitro *&* in Vivo *Use of Anti-Cytokine Antibodies.* John S. Abrams, DNAX Res. Inst. S 1364. 11 a.m.

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Biogenesis of Secretory Vesicles.* Regis Kelly, Biochem. & Biophys. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Choosing Lovers: The Psychodynamic of the Romantic Relationship.* Martin Blinder, Psychr. N 721. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

COLE HALL CINEMA: *Terminator II.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 9:30 p.m. (Movies subject to change.) Call 476-2542.*

*Open to the public.

Nov. 16-Dec. 6, 1991

23 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

BENEFIT YARD SALE

Weather permitting, the UCSF Marilyn Reed Lucia Child Care Study Cntr. presents its annual benefit yard sale. Donations of goods accepted after 6 p.m. on Fri., Nov. 22, and after 8:30 a.m. on Sat., Nov. 23, at the Center, 610 Parnassus at 3rd Ave. Sale hours: 9:30 a.m.-3 p.m. If you need items picked up or for further information, call 476-8299 or 476-1617.*

GUATEMALAN RESISTANCE

500 Years of Resistance. Rigoberta Menchu, Maya Quiché leader from Guatemala. Sponsored by UCSF Comm. for Hlth. Rights in Cent. America. St. Peter's Church, Alabama & 24th St., SF. 7-10 p.m. Call 550-9225.*

25 Monday

OTOLARYNGOLOGY GRAND ROUNDS: *Endolymphatic Sac Physiology.* Robert Schindler, Oto. *Magnetic Resonance Angiography.* Jerry Barakos, Rad. & Neurorad. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 9:15-10 a.m.

VAMC NEUROPATHOLOGY ROUNDS. Rm. 2A56, VAMC. 10:10-11 a.m.

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *The (Dermatological) Backside of Hairdressing.* Henk van der Walle, the Netherlands. N 721. 12:10 p.m.-1 p.m.

PHARMACEUTICAL CHEMISTRY SEMINAR: *QSAR Applications of Neural Networks: Novel Insights & Enhanced Predictions.* Tariq Andrea, E.I. du Pont de Nemours. HSE 336. 2 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Advances in Diagnosis of Hepatitis C.* Judith C. Wilbur, Lab. Med. & Chiron Corp. L 535. 4-4:50 p.m.

TOXICOLOGY SEMINAR: *Detoxication of Drugs & Xenobiotics by the Human Flavin-Containing Monooxygenase.* John Cashman, Pharm. Chem & Chem. S 214. 4 p.m.

CVRI/PROGRAM OF EXCELLENCE IN MOLECULAR BIOLOGY SEMINAR: *Platelet Membrane GIIb-IIIa: Structure, Function & Role in Acute Thrombosis.* David Phillips, COR Therapeutics. S 1364. 4-5 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

IMMUNOLOGY SEMINAR SERIES. HSW 302. 5 p.m.

26 Tuesday

PLASTIC SURGERY GRAND ROUNDS: *D & C Conference.* Rm. 200 1A-122, VAMC. 7 a.m.

CLINICAL HEMATOLOGY CONFERENCE. M 1296. 7:30-8:30 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: Resident Forum. C 701. 8 a.m.

TRANSFUSION RESEARCH FORUM: *The Possible Mechanisms for HIV Dementia.* Lynn Pulliam, Lab. Med., VAMC. L 535. 8:30 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30 a.m.-noon. Call Lenard Florendo at 476-1073.

SFGH PEDIATRIC GRAND ROUNDS: *Over-the-Counter Medications.* Bob Levin, Pharm., SFGH. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *Contraceptive Issues as They Relate to the Perimenopausal Woman.* Mildred Hanson, Planned Parenthood. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

MEDICINE IN THE MOVIES: Films from the 1920s-1950s touching on issues of medicine, nursing & public health are shown every Tues. Students may receive elective credits. Sponsored by Hist. Hlth. Sci. HSW 302. Noon-1 p.m. Call 476-2767.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *The Use of PET Imaging in Basic & Clinical Neuroscience Research.* John Mazziotta, Neuro., UCLA. S 664. 5-6 p.m.

27 Wednesday

SURGERY GRAND ROUNDS: *Pediatric Trauma.* M. Margaret Knudson, Surg. Toland Hall. 7-8 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Environmental vs. Occupational Solvent Exposure & Neuropsych Assessment.* Rosemarie Bowler, Occ. Med. Conf. Rm., 5th fl., Bldg. 30, SFGH. 8-9 a.m.

BROWN BAG LECTURE SERIES: *Pediatric Obesity.* Joanne Ikeda, Nutr. Sci., UCB. Sponsored by Campus Tours & Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. MCB, Rm. 300C. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., The Pavilion, MZ, 2356 Sutter. 1 p.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

OPERATIVE UROLOGY CONFERENCE. M 464. 5-6 p.m.

SAN FRANCISCO HISTORY CLASS: Charles Fraccia, SF Hist. Society, lectures on San Francisco's colorful history. HSW 301. 7:30-9:30 p.m. Call 775-1111 for information.*

2 Monday

ART FOR THE WINTER

Oils & watercolors by Mona Tanagho on display Dec. 2 through Feb. 28. Fac/Alum. House. Reception for the artist Wed., Dec. 4, from 6-8:30 p.m. Call 476-4723.*

OTOLARYNGOLOGY GRAND ROUNDS: *Otoscelerosis.* Robert K. Jackler, Oto. *Highlights from the American Academy Meeting II.* S 214. 8-10 a.m.

LAUREL HEIGHTS BROWN BAG LECTURE SERIES: *Society of Six.* Nancy Boas, artist & author, discusses French Impressionist painting in N. Calif. in the 1920s. Sponsored by Campus Tours & Speakers Bureau. UCSF-Laurel Heights Cafeteria. 12:30-1:30 p.m. Call 476-4394 .*

LABORATORY MEDICINE GRAND ROUNDS: *Clinical Psychogenetics: An Overview.* Steven A. Schonberg, Cytogen. & Ped. L 535. 4-4:50 p.m.

IMMUNOLOGY SEMINAR SERIES. HSW 302. 5 p.m.

3 Tuesday

PLASTIC SURGERY GRAND ROUNDS: Problem Cases. Davies Med. Cntr. 7 a.m.

CLINICAL HEMATOLOGY CONFERENCE. M 1296. 7:30-8:30 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Barbara Jim-George, 476-4750.

COMBINED ORTHODONTIC/ORTHOGNATHIC CONFERENCE: *Aesthetic Contour of the Craniofacial Skeleton.* Douglas Ousterhout, Plast. Surg. & Craniofac. Anom. C 701. 8 a.m.

TRANSFUSION RESEARCH FORUM: *CD4 Immunoadhesions as Anti-HIV Therapeutics.* Steven Chamow, Genentech. L 535. 8:30 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Acute Renal Failure.* Anthony Portale, Ped. & Med. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS. S 1364. 9 a.m.

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 18 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

MOUNT ZION BROWN BAG LECTURE SERIES: *The Biology of Aging.* Leonard Hayflick, Anat. Sponsored by Campus Tours & Speakers Bureau. Herbst Hall, MZ. Noon. Call 476-4394 for information.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

MEDICINE IN THE MOVIES: Films from the 1920s-1950s touching on issues of medicine, nursing & public health are shown every Tues. Students may receive elective credits. Sponsored by Hist. Hlth. Sci. HSW 302. Noon-1 p.m. Call 476-2767.*

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets the first Tuesday of each month. MU 111. Noon-1 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS: *Aneuploidy, Cell Death & Alzheimer's Disease: Studies in an Animal Model of Down Syndrome.* David Holtzman, Neuro. S 664. 5-6 p.m.

HOLIDAY AIDS BENEFIT

Jim Bailey, world-famous illusionist, opens his holiday run with a benefit for the UCSF AIDS Health Project. $25. Plush Rm., York Hotel, 940 Sutter. 8 p.m. Call 885-6500 for tickets.*

4 Wednesday

MORBIDITY & MORTALITY CONFERENCE. Toland Hall. 7-8:30 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Indoor Air Quality: Reaching the Crisis Stage.* Michael Fischman, Occ. Med. A 455. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *New Developments in Hormonal Contraception.* Philip D. Darney, Ob/Gyn & Repro. Sci. & Hlth. Policy, SFGH. M 1486. 8:30 a.m.

EMPACT! CRAFTS FAIRE

Featuring items made by UCSF employees, including holiday decorations, stuffed animals & much more. MU Conf. Cntr., 10 a.m.-6 p.m.*

BROWN BAG LECTURE SERIES: *Home Care.* Laura J. Reif, Physio. Nurs. & Ger. Nurs. Sponsored by Campus Tours & Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. MCB, Rm. 300C. 12:05 p.m.*

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PSYCHIATRY GRAND ROUNDS: *Psychiatric Interventions in the Medically Ill.* Stuart Eisendrath, Clin. Psychr. HSW 301. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., The Pavilion, MZ, 2356 Sutter. 1 p.m.

SEMINARS IN BIOLOGY SERIES: *Studies of Synaptic Vesicles: A Molecular Approach to Synapse Function.* Thomas Südhof, Mol. Gen., U Texas SW Med. Cntr. HSW 300. 4 p.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

PATHOLOGY GRAND ROUNDS: *Ob/Gyn Pathology II.* Charles Zaloudeck, Alta Bates Hosp. HSW 508. 5-6:30 p.m.

CENTER FOR PREHOSPITAL RESEARCH & TRAINING JOURNAL CLUB: *Professional Exposure to HIV.* Michael Callahan, Emerg. Serv. LS 404. 7-9 p.m. Call 476-5802.*

SAN FRANCISCO HISTORY CLASS: Charles Fraccia, SF Hist. Society. HSW 301. 7:30-9:30 p.m.

5 Thursday

ORTHOPEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *CPC.* Kenneth H. Fye, Med. Toland Hall. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Diagnosis of the Unknown Poisoning.* Kent R. Olson, Pharm., Ped. & Med. & SFGH Poison Control Cntr. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Sub-Foveal Membrane Surgery & RPE Transplantation: Where Do We Stand?* Marco Zarbin, Oph. Case presentation: *Pathology.* S 214. 8:30-10 p.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Approaches to Alcoholism.* Gerrit Blauvelt, Psychr.; William Brostoff, Int. Med.; Levi Strauss, Inc. Empl. Rep. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

MISSION CENTER BROWN BAG SERIES: *Holiday Blues.* When Christmas cheer turns to tears & fear. Herbert W. Peterson, Psychr. Sponsored by Campus Tours & Speakers Bureau. Rm. 125, MCB. Noon-1 p.m. Call 476-4394.*

OVEREATERS ANONYMOUS MEETING: Step meeting. N 527. Noon.*

ORAL BIOLOGY 220 SEMINAR: *Mapping the Functional Domains of Herpes Simplex Virus I Glycoprotein B.* Lenore Pereira, Stom., Microbio. & Imm. S 664. Noon.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROBIOLOGY SEMINAR: *Fluorescence Imaging with Membrane-Permeant Derivatives of Cyclic AMP & Inositol Phosphate.* Roger Tsien, Chem., UCSD. HSW 300. 4 p.m.

CLINICAL ONCOLOGY CONFERENCE. M 1296. 4 p.m.

PRIMARY CARE GRAND ROUNDS. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A 222. 6 p.m.*

COMMUNITY HEALTH TALK: *Understanding Your Hearing Loss: What New Technologies Mean for You.* Robert A. Schindler, Oto. Sponsored by Public Serv. Outreach Prog. Free parking available. Toland Hall. 7-8:30 p.m. Call 476-8429.*

6 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

DIABETES SYMPOSIUM

American Diabetes Assn. symposium chaired by UCSF's Ira Goldfine & Gerald Grodsky. To include discussions by UCSF's Allen Arieff, Michael S. German & Marvin Siperstein. Laurel Heights Aud., 3333 California. St. 8:30 a.m.-5 p.m. Call Mary Adams at 916-369-0999.*

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE. Toland Hall. 10:10-11:30 a.m.

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Regulation of Formyl Peptide Receptor Expression during Differentiation of HL-60 Cells.* Dan Perez, Russell Arthritis Res. Lab. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

UPSTARTS PARTY

University Professionals, Single, Thirty-Plus & Ready to Socialize (UPSTARTS) throw an "End-of-the-Quarter/Start-of-the-Holidays Party". Bring hors d'oeuvre & drinks to share. $5 pays for room rental & helps support the group. MU Conf. Cntr. 5-7 p.m. Call Pat Jackson at 476-4698 for tickets *

THE NEXT DEADLINE

Thurs., Nov. 21 is the deadline for items to be listed in the next calendar, which covers **Dec. 7, 1991-Jan. 3, 1992 (four weeks).** They must be received in our office in writing by 11 a.m. on that Thursday. Mail your copy to Michele Firpo at Box 0462, call 476-1541, send a fax to 665-8668 or bring it to S 20.

Benefits/Personnel

Instead of Meetings, Try Teleconferencing

ITS Communicaton Services has a new service for those who want to save time and money when it comes to meetings: Try teleconferencing.

ITS reports that it has just installed a new Meridian MS1 teleconference system that "provides superior quality audio teleconferencing for up to 15 people at a time."

The way it works is that the conference host reserves a meeting time in advance with ITS. Participants then dial a UCSF telephone number and enter a password to join the prescheduled meeting. The cost is $5 per participant for a conference call of up to two hours. If the host department wants to pay toll charges for a long distance call, participants can be brought into the conference for an additional $10 set-up fee. This is in addition to the toll charges.

To reserve a time, send a telecommunications request form to Terri Maynard at ITS communication Services, Box 0224, or call 476-6103. If you call, have the following information at hand: date and time of call, duration, number of participants and the account/fund number for billing.

Open Enrollment Month Is Ticking By

You still have time left to make changes in your insurance plans before Open Enrollment closes November 27. Your department's benefits rep can brief you on the options; or you can attend one of two remaining Open Enrollment information sessions:

Monday, November 18: Mission Center, Room 125, noon to 1:30 p.m.

Wednesday, November 20: Toland Hall, noon to 1:30 p.m.

If you have questions, call the Benefits Office at 476-1400.

AIDS Funds Available

Funds now are available from the UCSF AIDS Clinical Research Center for researchers to begin AIDS pilot studies. For further information and application forms contact Layne Ethington, VAMC (141A), Bldg. 2, Rm. 280, 4150 Clement Street, San Francisco, CA 94121, or call 750-6923. Deadline for submission of applications is Monday, December 2.

Re: Alternative Work Schedules

If you're looking for alternatives to your standard five-day, 8 to 5 work schedule, you may be interested in a free seminar coming up on Tuesday, November 19, from noon to 2 p.m. in Room S 1364. It's called "Toward a Better Balance: Exploring Alternative Work Schedules." Consultant Linda Marks will explore the options, plus how to draw up a proposal that will work for both your and you boss. For further information, call the Child & Elder Care Referral Service, 476-2692.

Fun Zone

Holiday Craft Sale & Other Gift-Buying Opportunities

If you're planning your holiday shopping itinerary, here are some opportunities to consider:

- **EMPACT!'s Second Annual Holiday Crafts Faire.** Wednesday, December 4, 10 a.m. to 6 p.m. in the MU Conference Center. Featuring handcrafted items by 35 UCSF employees — holiday decorations, stuffed animals, jewelry, items for the home, gifts for children, etc. For information, call 476-2675.
- **Auxiliary's Annual Gold & Silver Jewelry Sale.** Preview sale on Tuesday, November 26, 1 to 4 p.m. in the MU Conference Center. Main event on Monday through Wedneday, December 2 through 4, 7:30 a.m. to 5 p.m. each day. Med Sci lobby. Prices up to 65% off retail. VISA, MasterCharge accepted. For information, call 476-4906.
- **See's Candies Sale (Thanksgiving).** Monday, November 20, through Tuesday, November 27, as follows (11 a.m. to 2 p.m. at all locations): November 20 at Mission Center, November 21 at Mount Zion Nosherie, November 22 at SFGH cafeteria, and November 25 through 27 in the Med Sci lobby, Cost is $7.25 per pound (regular $8.40 a pound). See's Candies gift certificates available at MU Central Desk all year round or at tables on sale dates, also $7.25 per pound. For information, call EMPACT!, 476-2675.
- **Holiday Costume Jewelry/Holiday See's Candies.** From 10 a.m. to 3 p.m. on the following dates: Tuesday, December 3, at Mount Zion Nosherie; Friday, December 6, at SFGH cafeteria; Monday, December 9, at MCB; Wednesday, December 11, through Friday 13, and 18 through 20 in the Med Sci lobby. Call EMPACT!, 476-2675 for further information.

More Holiday ideas:

- **San Francisco Ballet's "Nutcracker."** Wednesday, December 11, and Thursday, December 19, 8 p.m. both dates. Tickets $36 (regular $42). Dress Circle seating. Reservations for tickets at MU Central Desk. Call 476-2675 for information.
- **Discount Ski Lift Tickets.** Squaw Valley, Alpine Meadows and Northstar. Available at MU Central Desk, MCB Management Office and SFGH Risk Management Office.
- **Pedal along San Pablo Bay.** Sunday November 30. Work off some of your Thanksgiving dinner. Bike the San Rafael Bay front to China Camp State Park to visit a shrimp fishing village (it has a history). Twenty-plus mild miles. Call Outdoor Unlimited, 476-2078.

Electric Shop Wins Big in Pumpkin Contest

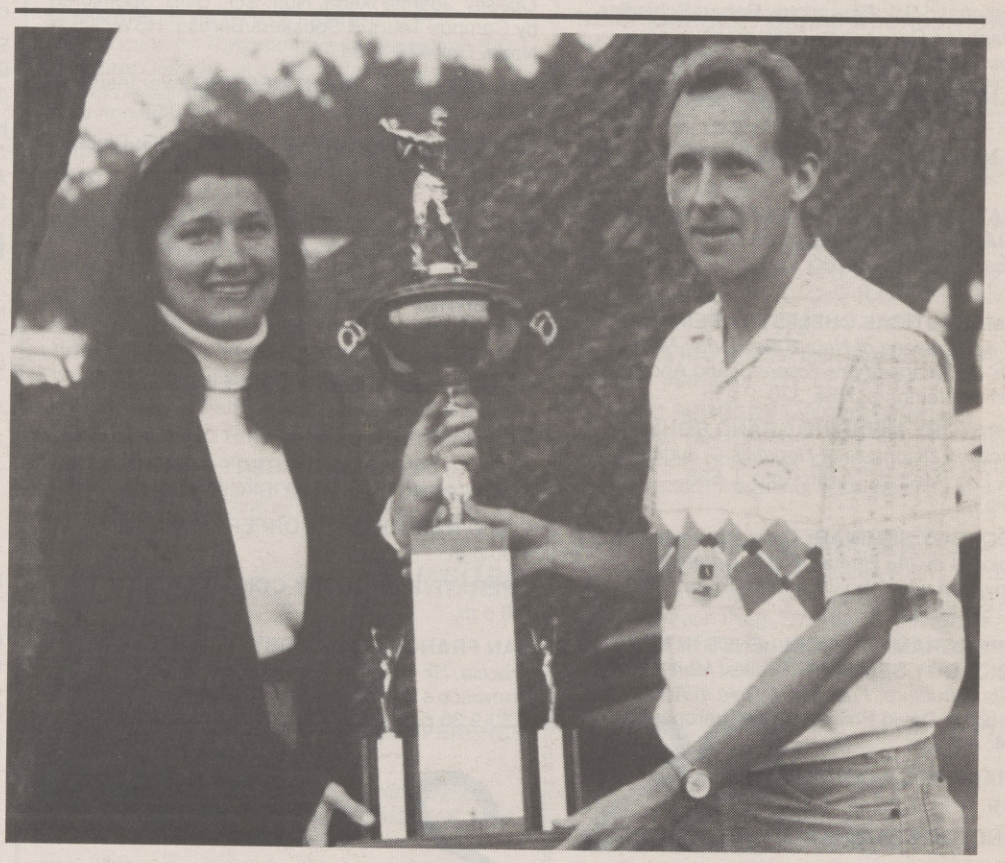
If you saw the entry called "Pumpkin Head" in EMPACT!'s carving contest, then you can appreciate why it not only got the judges' vote for best overall entry, but also the Chancellor's Award.

It consisted of someone's real head (decorated like a Jack-o'-Lantern) inside a real pumpkin, which of course allowed it to come alive and chat with the people walking by (or scare them to death, whatever the case). According to EMPACT! spokesperson Laurie Williams, this was the first time someone won both top prizes.

The judges also favored Sherry Baker's "Pumpkin Beach," which took second place, and Susie Seaweed's "Path to Pained" pumpkin, which took third. Sherry works in Ob/Gyn and Susie is a cashier in the ACC.

In the costume category, MU's Randy Balch took first place. In the past he seems to have turned up as Bart Simpson on several occasions. This time he was Lisa Simpson, and everyone loved him.

Second place went to Alex Vasquez from the Dean's Office in the School of Nursing. Reliable sources say he was dressed as a cleaning woman. The third prize winner was the Bookstore's Rick Duran alias Pee Wee Herman (classic).



Rossi is New Golf Champ

Suzanne Rossi (left), a clinical nurse in the post anesthesia care unit, accepts the UCSF Golf Club's Bart Patch Trophy from last year's winner, Ron Brown of CVRI. Suzanne shot an aggregate score of -20 for the year to clinch the honor. The UCSF Golf Club sponsors tournaments from May through October each year for UCSF faculty, students and staff. For membership information call John O'Connor at 476-3295.

Promotions

Promotions are made available to this publication after they are processed by the Personnel Department.

Marcial D. Aguinaldo, hazard material removal tech, environmental health & safety.

Jessica Ainsworth, administrative assistant I, medicine/SFGH.

Richard T. Aleguas, administrative assistant II, medicine.

Donna Regina Alfonso, office supervisor, inpatient pediatric intensive care.

Robert L. Andrews, building manager, capital resources management.

Jasmin Angeles, senior cashier, outpatient registration.

Ana L. Arevalo, principal clerk, medicine/SFGH.

Alliena P. Baker, billing assistant I, professional services/SFGH.

Loida C. Bartolome-Mingao, administrative assistant III supervisor, lab of radiobiology & environmental health.

Mercedes L. Basa, contract insurance follow-up assistant II, outpatient registration.

Karl E. Beitel, principal clerk, medicine/SFGH.

Susan J. Benner, assistant manager-admitting, admissions.

Kenneth P. Blas, principal admitting worker, outpatient registration.

Joseph W. Bradley, administrative assistant II, medicine.

Carmen J. Breslin, administrative assistant I, radiology.

Bernard E. Calagui, hospital assistant I, respiratory care services.

Peter F. Camarda, principal word processing specialist, personnel.

Emily Grace Carson, senior admitting worker, outpatient registration.

Brenda J. Choy, administrative assistant II, academic senate.

Julia A. Clark, administrative assistant II, CVRI.

Catherine McCall Clarke, dentistry development officer, development.

Liza J.W. Crosse, graduate program coordinator, pharmaceutical chemistry.

Valentin-Catalino C. Cube, assistant I, accounting office.

Marisa I. Davis, women's advocacy specialist, psychiatry.

Delois Dawson, building assistant III, capital resources management.

Diana Dawson, clinical nurse IV, pediatrics.

Peter J. Dinauer, senior auditor, audit.

William E. Dizon Jr., hospital assistant I, Moffit/Long ambulatory surgery.

Terry Y. Dong, administrative assistant II, dean's office, School of Medicine.

Alma A. Dore, accounting assistant II, emergency service/SFGH.

Regina A. Dossey, administrative assistant II, dental clinics.

Chhaya H. Elejalde, materiel assistant I, materiel management.

Nancy Evans, management service officer II, pharmacology & experimental therapy.

Jodi L. Ferrari, claims processor, clinical practice administration.

Heriberto Figueroa, cook, nutrition & dietetics.

Jerry W. Forbes, billing assistant II, information technology services.

Don C. Fordham, public administrative analyst, medicine.

Kathleen P. Fraser, administrative analyst, administration.

Janine Midori Fujioka, administrative assistant II, office of research affairs.

Stephen M. Gage, staff research assistant I, instruction & research, LPPI.

Eileen P. Gaines, billing coordinator, clinical practice administration.

Betty C. Geraldizo, medical registration cashier supervisor, outpatient registration.

Don A. Gillespie, principal clerk, outpatient registration.

Nicholas M. Glass, clerk, medicine.

Mary C. Griffin, clinical lab tech specialist, clinical labs.

Nina C. Grossman, research assistant, instruction & research, LPPI.

Cherysse M. Guilfoyle, secretary II, neurological surgery.

Douglas C. Hahn, administrator/coordinator, capital resources management.

Wanda Halvorson, business manager, epidemiology & international health.

Bonnie B. Hamar, assistant II, animal care facility.

Stephanie Hart, hospital assistant, Moffitt/Long ambulatory surgery.

Rochelle R. Hartwig, project assistant II, epidemiology & international health.

Mary Ann Hayden, administrative assistant I, pediatrics.

Keith Michael Heinzelman, isotope processing tech, environmental health & safety.

Sara Heller, pediatric hematology nurse, pediatrics.

Mary Henry, supervising clinical lab tech, clinical labs.

Mark How, radiology tech, environmental health & safety.

Patricia M. Hughes, senior radiology tech, radiology.

Erlene H. Hui, administrative assistant III, medicine.

Nancy Hui, personnel/accounting assistant II, medicine/SFGH.

Lynda Jacobsen, manager, pathology.

Barbara L. Johnston, administrative assistant II, Hooper Foundation.

Standford R. Jones, lab assistant II, instruction & research, LPPI.

Darrin L. Judkins, purchasing assistant II, pediatrics.

Daniel Keeling, purchasing assistant III, ob/gyn & reproductive sciences.

Stephen M. Kelly, fume hood tech, environmental health & safety.

Cynthia A. Kelly, administrative assistant II, surgery.

Laurie E. King, administrative assistant II, alumni affairs.

Alexander Korsunsky, urology tech, inpatient intensive care unit, Mount Zion.

Anne Marie Krivens, clinical nurse III, ACC administration.

Eugene W. Lau, program manager, environmental health and safety.

Eva S. Lau, lab assistant II, medicine, VAMC.

Bill F. Lee, substance abuse program assistant III, psychiatry.

Karen A. Lee, chairside assistant, dental clinics.

Michael V. Levin, appointment assistant, stomotology.

Adrienne Lewis, division assistant II, pediatrics.

Monica R. Lewis, administrative assistant II, radiology.

Demetria D. Lumpkin, administrative assistant II, inpatient pediatric intensive care.

Marcia L. Manfre, personnel assistant III, emergency service/SFGH.

Eleanor H. Marquez, floating analyst, personnel.

Maura T. Mason, assistant III, medicine, SFGH.

Maureen Mayo, staff pharmacist I, pharmacy, Mount Zion.

Theresa M. McCormick, assistant II, student academic services.

Marcus E. McCrory, administrative analyst, outpatient registration.

Marguerite McIntyre, patent & technician transfer coordinator, senior vice chancellor, academic affairs.

James R. McMaster, project coordinator, Institute for Health Policy Studies.

Melinda C. Melaugh, administrative assistant I, pharmacy.

George L. Medina Jr., hospital assistant I, operating room, Mount Zion.

Kelley A. Mendonca, financial assistant II, dental clinics.

Joel R. Meneses, animal technician, lab of radiobiology & environmental health.

Michelle S.D. Miller, curriculum assistant II, physiology.

Ambee Miranda Jr., supervising clinical lab technician, clinical labs, SFGH.

Medsounds Continued

A Catalog Filled With "Thumbs Up" Items

You may remember an article earlier this year heralding the arrival of a catalog filled with items for gift-giving. The catalog is now here, and currently in the hands of department supervisors.

The unique thing about this catalog is that all the items, which are embellished with the "Thumbs Up" label, are for the specific purpose of gift-giving in the name of employee recognition.

There are note pads, tote bags, t-shirts, mugs, aprons, visors, travel kits, desk sets, diaries, towels and a couple of dozen other items.

The items are stocked in the campus storehouse, to be ordered by requisition just like other stock supplies — which is to say you can't just order yourself a "Thumbs Up" shirt and wear it around. You have to be presented with it. But certainly there's no harm in perusing through the catalog and making verbal note of your preference in the company of the appropriate person.

The idea for such a program was the brainchild of the Employee Recognition Committee, set up some five years ago as part of an overall movement to improve ways and means in the Medical Center. The original committee has now merged into the Service Excellence Committee, but they have left the gift system as part of their legacy.

As the members were trying to figure out the best way to promote staff recognition within or between departments, they got feedback that managers and supervisors wanted ideas on what to do, or what to give, and how to go about purchasing it. The members came up with this idea as an "at your fingertips" system that would supply goods with a recognizable symbol that said "this person did a good job."

Service Excellence coordinator Cynthia Bishop describes the catalog as one cog in the employee recognition wheel. "We're trying to develop a whole culture of staff recognition, and the catalog is one tool toward that end." In other words, a Thumbs Up cap can't take the place of a well-grounded approach to a day-to-day showing of appreciation for a job well done, but certainly it can be a fun part of that approach.

In the previous article, we promised to introduce the members of the committee that served the cause of staff recognition since it formed in 1986 and developed this catalog as its final project before reorganizing to make the Service Excellence Committee. They are:

Star Deppe, formerly of Materiel Services
Dennis Piper, Planning & Marketing
Lionel Stockman, Nutrition & Dietetics
Laura McCullagh, 12 Long Nursing
Faye Lewis, Environmental Services
Seth Kimball, 9 ICU Nursing
Bob Goldstein, HISD
Sue Zarka, Hematology Lab
Georgia Lucas, 9 ICU Nursing
Cindy Cutter, GM IV, ACC
Claudia Davoli, Nutrition & Dietetics
Cynthia Bishop, Service Excellence



Lionel Stockman and Cindy Cutter demonstrate some of the "Thumbs Up" possibilities.



They've Added "FAAN" to Their Credentials

Clinical nurse specialists Pat Sparacino (left) and Pam Minarik have been named fellows of the American Academy of Nursing. One of the most prestigious appointments in the field of nursing — there are only 850 fellows nationwide — the added significance in this case is that Pam and Pat are clinical nurses. Traditionally, the balance of the membership has been tipped heavily toward academics. In the Medical Center, the two nurses are joined by only Helen Ripple as fellows of the Academy. The photo above is from the induction ceremony during the Academy's recent meeting in Los Angeles.

New Neuro ICU *(from page 8)*

The new NICU was launched with an opening reception that included celebrity ribbon cutter Charles Wilson, whose close relationship with the NICU directly correlates to the vast number of brain surgeries he performs.

The unit's leadership includes medical director Nicholas Barbaro and head nurse Kathy Lenihan. Kathy also took center stage at the reception, when staff members recognized her with flowers and gifts in thanks for all her work prior to the opening.

Another real trouper in preparing the unit for opening, according to fellow staff members, was clinical nurse III Ira Olney. Typical of his energy and enthusiasm was his arrival at 5 a.m. on opening day in order to get a head start, says colleague Anna Frankfurt.

Ira, who has written an explanatory piece about the NICU — originally intended for the now defunct "Nursing News" — says that a major focus of the NICU is post-operative care following brain surgery, for problems that can include tumors, aneurysms or AVMs.

As is true in most intensive care settings, the typical NICU patient presents a complex case, is frequently intubated, often subject to multi-system failure or any number of complications — and is heavily monitored. The innercranial pressure monitoring cart takes a central position on the floor, he notes.

Finally, the The NICU environment is different in that it's a little quieter, perhaps, than other intensive care settings, says Ira. "It helps from an observation standpoint; and the patients often do better in a quiet environment."

Buy a Pie from the Moffitt Cafe

With the Holidays coming up you may find yourself suddenly needing a quick pie.

With this in mind, the Moffitt Cafe & Grill is offering a new "Pies to Go" service. Order a pie by phone by 3 p.m. one day, and it will be ready the next. If it's business-related, says the flier, you can charge your pie to your department account.

The cost per pie is $6.43 plus tax. The choices are apple, cherry, pumpkin, blueberry, pecan, peach and a new flavor — cranberry apple. If you want to try before you buy, all varieties are available by the piece in the Moffitt Cafe.

There also is a limited number of pies for immediate pick-up on a first come, first served basis.

For further information on pie orders and pick-up call 476-9343.

Nominations for Distinguished Nurse Due

Nominations for the 1992 Distinguished Nurse Award are due Tuesday, December 3. Nomination forms with detailed information, including the criteria required and a return address, are available from Administration's Judy White, 476-3162.

As described by Pam Minarik, chair of this year's Award committee, "The Distinguished Nurse Award symbolizes innovation and excellence in professional nursing at UCSF." Those eligible include individuals employed as a clinical nurse I, II, or III or administrative nurse I in the inpatient and outpatient nursing departments at Mount Zion or Parnassus.

The award will be presented during the Founders Day ceremonies next April.

Past winners have included 9 ICU's Hildy Schell, 9 ICU's Mary Reid, ICN's Amy Gunn-Milton, ICN's Helen Archer-Duste, Department of Pediatrics' Kathleen Schmidt, Psoriasis Center's Mary Dunselman, 11 Moffitt's Elaine McKenna and General Surgery's Micaela Thompson.

In addition to the Distinguished Nurse Award, several awards are issued annually for specific categories of nursing; e.g., neuroscience nursing, oncology, etc. The calls for nominations occur at various times during the early months of the year. Watch for advertising within the nursing divisions.

The Best and The Ugliest on 12 Long

If the purpose of Orthopedic Nurses Day on October 30 was to create recognition for this particular group of nurses, then the staff on 12 Long took a creative approach.

Prompted by assistant head nurse Pam Nye, they staged an "Ugliest Tie" and 'Ugliest Earring" contest among physicians and nurses, et al., and invited everyone, including patients, to vote.

Most of the doctors "forgot" about the tie contest, so any votes cast for this group were for unintentional contestants. However, nursing staff member Martha Connor wore a tie, and even if it wasn't that ugly, she won by default.

There were numerous entrants in the earring contest, however, and voters decided Debby Jones' specimens were the worst.

The contest was expanded beyond "ugly" to "best" in several categories. Here are the winners:

- "Best Smile." Carmel Haugh and Carolyn Amstadt got the top number of votes. They each received a tube of toothpaste.
- "Best Backrub." This went to Martha Connor, along with a bottle of lotion.
- "Best at sneaking in quietly at night." Ernest Hebrard won a fish-shaped flashlight.
- "Best sense of humor." Gloria Landholt now has this title and a new joke book.
- "Best with an IV needle." For winning this category, Cynthia Foster got an IV broach, handcrafted by the winner of the ugly earrings contest.
- "Best in a Crisis." The nurse with the ugliest earrings, Debby Jones, is also the nurse deemed best in a crisis.
- "Best diplomat." Nancy Parenteau won a jar of olives. (This was to symbolize an olive branch, i.e., a symbol for a symbol.)

All this served to get the desired effect, says Pam, which is to say that by the end of the day, everyone in the vicinity knew what day it was.



Debby Jones, winner in an "ugliest" category

Of course, once she had your attention, Pam, who heads the local branch of the National Association of Orthopedic Nurses (NAOP), made available a composition called "What is Orthopedic Nursing?" relating to the orthopedic nurse's daily dealings with bones, muscles, tendon and ligaments (although written from the patient perspective in much more caring terms).

It turns out that the piece (which she wrote) ran in the NAOP journal, on the occasion of the first annual Orthopedics Nurses' Day last year.

UCSF Medsounds

Volume 6, Number 20 November 16-Dec. 6, 1991

Photographer's Paradise: The ICN Reunion



Justin Hightower, 1 1/2-year-old ICN graduate from Santa Cruz



Three-year-old twins Geraldo and Victor Vega of Daly City



Jeri Hancock, one of the earilest ICN graduates, with her physician at the time, William H.Tooley

If you ever needed a reason for having an intensive care nursery, just show up at the annual Halloween reunion picnic for ICN "graduates," their familes and ICN staff. This year, as usual, several hundred little pumpkins and pixies showed up to frolic about and charm the camera.

The reunion guests also serve to remind the bystander of the ICN's pioneering history.

For instance, one of this year's returning ICN graduates was 21-year-old Jeri Hancock of Ceres. Now a junior at Fresno State majoring in Agribusiness, Jere was born two months premature and spent over five months in the ICN. That was in 1970, not long after the unit was established as one of the first of its kind in the nation.

Another guest was a romping two-year-old, Alexandra Marini of San Anselmo, who was born with a serious lung problem on October 16, 1989 — the day before the earthquake. The next day, when the earthquake hit, she was undergoing the procedure called ECMO (extracorporeal membrane oxygenation) in which blood is pumped outside the body, treated to increase oxygen content and remove carbon dioxide, and then returned to the patient. Bracing themselves literally for dear life, the ECMO group — which included ICN nurses Barbara Bratton, Amy Gunn-Milton and Lily Young and ECMO director Valerie Charlton — continued the procedure through the quake and pulled it off without a hitch.

Still another example to illustrate ICN's history was reunion guest Christopher Mattaliano, a one-year-old from San Carlos. Christopher weighed 1 pound, 10 ounces when he was born (at 26 weeks) in August, 1990. When he was transferred from Sequoia Hospital to UCSF, he was suffering from respiratory distress syndrome because his lungs kept collapsing. Just a few days before, the FDA had approved a UCSF-developed "anti-collapse" drug called Exosurf, and Christopher was among the first infants to be treated with the new drug. Exosurf is a synthetic version of the natural lung substance called surfactant.

The reunion was sponsored by three UCSF/Mount Zion units: the ICN; the Nursery Followup Program, which follows children who were once high-risk infants in order to assess growth and development; and the Parent Resource Network, which is a volunteer organization of parents who had a critically ill baby or received treatment through the Preterm Labor Clinic.

Memorial Fund for Marilyn Coward

A fund to support educational and development programs in clinical microbiology has been established in memory of Marilyn Coward, a long-time employee in the Clinical Labs who was killed in an automobile accident October 25.

Marilyn, who worked at UCSF 15 years and served as chief supervior in Microbiology since 1984, was travelling on 101 near Ukiah, headed for a weekend camping trip, when an out-of-control speeding vehicle struck her car head-on. Both drivers were killed.

The lab staff is devastated, says Mary York, assistant chief in Microbiology. She was a marvelous, capable, dedicated person whose hard-working but good-humored nature set a tone for the lab that can't be duplicated. "It's impossible to think about functioning without her."

Marilyn's career here was marked by several campus honors, including a recent Special Perfomance Award. Outside of work she was an ardent hiker, camper, birdwatcher and advocate for environmental programs.

Marilyn was humble about her contribution here, says Mary, but, in fact, she made a major difference through her day-to-day work. The idea behind the memorial fund is not only to keep her memory alive, but, in this way, to allow her to keep making a difference.

Contributions should be made by check to the "UCSF Foundation" and directed to Grita Gustafson, Box 0100, Microbiology Section. A donor has pledged to match contributions between $50 and $250. Gifts are tax deductible and will be acknowledged to the family.

What About Flu Shots?

Some people have been asking about flu shots, so here's the answer, according to Employee Health's Delores Giles.

There is a limited amount of vaccine available through Employee Health this year. Therefore, the vaccine is being offered to hospital and clinic employees who have direct patient contact.

Through Wednesday, November 20, Employee Health will be setting up mobile stations to offer the vaccine at various inpatient locations. If you are one of those who should have the vaccine and you miss the mobile station, you can stop in at Employee Health at Room 707 in the ACC to get a shot while the vaccine supply lasts. Hours are 8 a.m. to noon or 1 to 4 p.m.

If you are interested in getting a shot but do not work in a patient care area, check with your personal health care provider.

If you have questions, call Employee Health at 476-1214.

Neuro ICU Opening Completes Massive Moffitt Intensive Care Renovation Project

A few weeks following the opening of the new Cardiovascular ICU on the seventh floor of Moffitt, another new intensive care unit opened on the floor above. This time it's the NICU, the eight-bed Neurological Intensive Care Unit on 8 East. The new unit replaces the former 5-bed NICU on 8 North.

The completion of the NICU brings to an end the massive renovation of all the intensive care units in Moffitt Hospital over the past months and years. The units involved include:

- The Intensive Care Nursery sprawling over most of 15 Moffitt
- The Cardiac Care Unit on 10 North and East
- The Adult Intensive Care Unit on 9 North and East
- The NICU on 8 North
- The Cardiovascular ICU on 7 East
- The Pediatric ICU on 6 South

(The CV ICU is a completely new unit; all the others were renovations and/or expansions of existing intensive care units.)

(continued on page 7)

Touch of Matisse in the ACC

If you have occasion to visit the sixth floor of the ACC, you can't miss these giant figures dancing down the hallway. Shortly after the construction barrier went up for the new radiology suite in the Orthopedics Clinic, clinic manager Susan Pearl and her husband stole in over a weekend and decorated the barriers with cutouts patterned after figures in Matisse's "Jazz" series. (They used old billboard sections for the cutouts.) The two spectators are the Ortho Clinics' Emelda Cruz and Heather Christensen.

